Pastor's Corner

February 2016 – Rev. Eric Lane

Matthew 6:25-34

This passage begins: "Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear."

With each passing birthday, I find myself worrying about the future, and questioning the past. With every medical checkup, I worry about what the doctor will find—blood pressure okay? What about my cholesterol—and everything else you can imagine? I have tried to reduce my intake of red meat in order to lower my cholesterol, and watch what I drink to keep my weight down. I try to exercise to improve my health, and Beth worries more than I about what I wear.

So, what do we do? Do we simply throw up our hands and say nothing matters and return to life off the grid?

I don't believe that this passage is addressing these issues, except that we must be careful not to allow our worry to get in the way of our faith. I believe the point is that, if we put our trust and faith in a God whose desire is to provide the very best for our lives, then, rather than worry, we can walk in the faith of knowing that, whatever we face or whatever decision we must make, will be the right decision.

This doesn't mean that we will go through life without struggles or difficulties, but we can go through life facing whatever we face knowing that "God's got this."

As I come to the end of the first month of this New Year, I realize that there is a lot out there that you and I will face this year. Some will be good, and others things not as good. Yet, knowing that God has us in His hands, and that he tells us that we don't have to worry about it, makes the journey easier to face.

Instead of worrying about things, we need to pray what is known as the serenity prayer:

"God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

Think about it. God promises to all who believe in the name of Jesus Christ as Lord, that he has provided a dwelling place for an eternity—one not made with human hands. He has promised to clothe us with His righteousness and glory. He has promised us eternal life.

So, let us walk this journey together; and may we laugh and cry, and share one another's burdens and joys, for a strand of three cords is always stronger than one—God, you and I together.

Blessings