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## A Senior's Moment; Age 72, Going on 73

When a little five year old comes up to you after hearing that you have been sick and says, "Does water make you puke?"

When you don't know exactly how much you weigh, but you think you are getting as big as a hippopotamus—so you leave the room you are in to get on the scales, but by the time you walk down the hall to get where they are at, you end up wondering what you went into the room to do.

When you are trying to thread a needle and it takes you almost half an hour to get it done.

When you have to take off your shirt to be checked by the doctor and you put it back on just to be told by the receptionist that you have it on backwards.

When you lose your prescription glasses and buy a pair of reading glasses that do just fine until one day they get too big for your face and you can't see through them. You take them off just to find that one side of the frame has broken and one of the lenses is missing.

When you are at a store that has a locked public restroom and you need to go bad, but the girl who is lining the shelves tells you that the girl who is supposed to be at the check-out counter is no where in sight. So you go looking for her and by the time she gives you the key and you struggle to open the bathroom door, you have messed in your clothes. At least you have sense enough to carry a couple of extra underpants in your handbag in case of an emergency. (My Mom did that one time and forgot that she had a pair in her handbag. When she went to pay for something she wanted to buy, she pulled them out of her purse saying, "What in the world is this?" Jean was with her at the time and said, "Mom, that is your drawers. Put them back—quick!" Jean was so embarrassed!)

When flower seeds, like marigolds ,which you have known almost all your life, and deep heat liniment become "what you call it." And some people you have known for ages become "What's his (or her) name."

When you go to the grocery store and get sick and pass out just to have one of your kids say, "Mom has been hitting her bottle again."

When the doctor gives you so many pills...and when you are putting them in your pill box, and have all the pills out of the bottles... just as you start to close the pill box—all the pills spill out and you end up in a confused mess.

When you try on a hat at the store for a bad hair day and think it looks all right on you and buy it. But, you find when you get it on at home, that you had it on backwards at the store. Minnie Pearl's price tag at the store was hanging down on my nose.

Yes, we seniors have our moments, but God helps us to get through them. Thank God we have a Heavenly Father to look after us when we have our "moments."